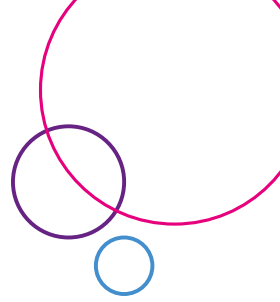


Prayer in Action

September - November 2026



“And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord’s people.”

Ephesians 6:18 (NIV)

Prayer is one of God's greatest gifts. Through it, we are encouraged, strengthened and reminded that He is always at work. As we pray, we give thanks for His faithfulness and bring before Him the needs of individuals, families and communities, asking Him to guide, restore and bring hope.

At REACH Community Projects, we see every day the importance of community, compassion and practical support. Across Haverhill and Newmarket, we seek to ensure that everyone who comes to us—whether for emergency food, financial guidance, practical help or simply a listening ear—knows they are loved, valued and not alone.

Our desire is not only to meet immediate needs, but to see lives restored and people flourish. We are deeply grateful for those who faithfully uphold this work in prayer.

This prayer diary has been created to guide your prayers from **September to November 2026**. As you journey through these pages, please pray for the people we support, our volunteers and staff, and the communities we are privileged to serve. Journey with us as we ask God to open doors, providing resources and strengthening relationships, so that everyone who encounters REACH experiences both practical care and the love of Christ.

There are countless people and situations to bring before God. We invite you to pray expectantly, trusting that He hears every prayer and continues to work in ways both seen and unseen.

Thank you for partnering with REACH Community Projects in prayer.



Emma Hilson
Head of Church Engagement,
REACH Community Projects



SEPTEMBER

Preparing for a New Month of Service

Praying for the People Who Serve

We thank God for all He has done through REACH and pray for those who faithfully serve our communities.

Throughout September, please pray for the staff, volunteers, churches, partner organisations, trustees, donors and supporters who serve our communities with compassion and practical care.

Ask God to strengthen, encourage and protect them, giving them wisdom, compassion and renewed energy. Pray that He will continue to provide the volunteers, resources and partnerships needed, opening new opportunities to serve and bringing hope to more individuals and families.

"For even the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many." Mark 10:45 (NIV)

30th August – 5th September
Praying for REACH's Staff, Volunteers and their Families

Every day, REACH's staff and volunteers bring hope through practical support, compassion and trusted relationships.

Please pray that God would protect, strengthen and encourage them and their families. Ask Him to give them wisdom, peace and joy as they serve, and help them never lose sight of the difference they make by reflecting Christ's love.

"Therefore, my dear brothers and sisters, stand firm. Let nothing move you. Always give yourselves fully to the work of the Lord, because you know that your labour in the Lord is not in vain." 1 Corinthians 15:58 (NIV)

6th – 12th September
Praying for Our Volunteers

REACH's staff walk alongside people facing financial and personal hardship. Please pray that God will give them wisdom, compassion and strength each day. Ask that they will know His peace, remain united as a team, and continue to reflect Christ's love through every conversation and act of kindness.

"Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up."

Galatians 6:9 (NIV)

13th – 19th September
Praying for Our Staff Team

REACH Community Projects is blessed by volunteers who generously serve others through practical support, compassion and kindness.

Give thanks for every volunteer and the gifts they bring. Pray that He will strengthen, encourage and protect them, giving them wisdom, patience and joy as they serve. Ask that they would know they are deeply valued and that their service is making a lasting difference.

Pray also that God would raise up new volunteers with willing hearts to meet the growing needs of our communities.



"Each of you should use whatever gift you have received to serve others, as faithful stewards of God's grace in its various forms." 1 Peter 4:10 (NIV)

20th – 26th September
Praying for Our Partners and Supporters

REACH Community Projects is strengthened by the faithful support of churches, schools, businesses, charities, local organisations and individuals working together to bring hope to our communities.

Please thank God for every partnership and act of generosity. Pray that He will strengthen these relationships, bless all who give, volunteer and pray, and open new opportunities to serve others together.

"Two are better than one, because they have a good return for their labour." Ecclesiastes 4:9 (NIV)

27th September – 3rd October
Praying for Harvest preparations

Harvest is a time to thank God for His faithfulness and provision, while remembering those facing hardship. Harvest is one of REACH's busiest seasons as many people rely on the foodbank for support.

Please pray for churches, schools and community groups preparing Harvest collections. Give thanks for every donation, asking that each gift will bring practical help, hope and reassurance to those in need.

"And God is able to bless you abundantly, so that in all things at all times, having all that you need, you will abound in every good work."

2 Corinthians 9:8 (NIV)



OCTOBER

OCTOBER - Praying for Our Communities and God's Provision

As we begin October, we thank God for His faithfulness and pray for His continued guidance over REACH Community Projects. Pray for those facing hardship, for everyone who supports this work, and for God's continued provision as we seek to reflect Christ's love in our communities.

Give thanks for the churches, schools, businesses, volunteers, supporters and partners whose generosity makes this work possible. Pray that God will continue to provide the resources, wisdom and opportunities needed, enabling REACH to remain a place of welcome, compassion and encouragement.

As we continue this prayer journey, may our hearts remain thankful for God's faithfulness, willing to serve others, and confident that He will continue His work of hope and restoration.



"The Lord has done great things for us, and we are filled with joy." Psalm 126:3 (NIV)

4th – 10th October Praying for Harvest and God's Provision

As we begin October, we thank God for His faithfulness and for the generosity shown through Harvest collections across our communities.

Please pray for the churches, schools, businesses and community groups supporting REACH with food and essential items. Give thanks for every donation and volunteer, asking that each gift will bring practical help, dignity and hope to those facing hardship.

Pray that God will continue to provide all that REACH needs and open new opportunities for more people to find support.

"The earth has produced its harvest; God, our God, blesses us." Psalm 67:6 (NIV)

11th – 17th October Praying for People Taking Their Next Steps

Many people come to REACH during times of crisis. Our prayer is that the support they receive will bring hope and help them move towards a more secure future.

Please pray for those taking their next steps—finding financial stability, employment, housing or further support. Ask God to give them courage, perseverance and hope, reminding them they do not face these challenges alone.



"For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future." Jeremiah 29:11 (NIV)

18th – 24th October

Praying for Families and Children Preparing for Half Term

As families prepare for half term, please remember those facing extra financial pressure as school holidays increase the cost of providing meals and caring for their children.

Pray for parents and carers carrying worries about finances, housing or family life. Ask God to provide for their needs, give them peace and strength, and help every child feel safe, valued and loved.

Please pray for REACH and other organisations supporting families during the holidays. May every food parcel, conversation and act of kindness bring hope and remind people they are not alone.

“We will tell the next generation the praiseworthy deeds of the Lord... so the next generation would know them.”

Psalm 78:4, 6 (NIV)

25th – 31st October

Praying for the Light of Christ to shine in our communities

As October ends, we remember Jesus' words: "I am the light of the world." In a world where many experience hardship, loneliness and uncertainty, may His light bring hope and peace.

Born from Christian roots, REACH Community Projects seeks to express God's love through practical care, compassion and support.

Please pray that everyone who encounters REACH experiences kindness, dignity and hope. Ask God to strengthen staff, volunteers and supporters, and to shine His light through their service, bringing comfort and restoration to our communities.

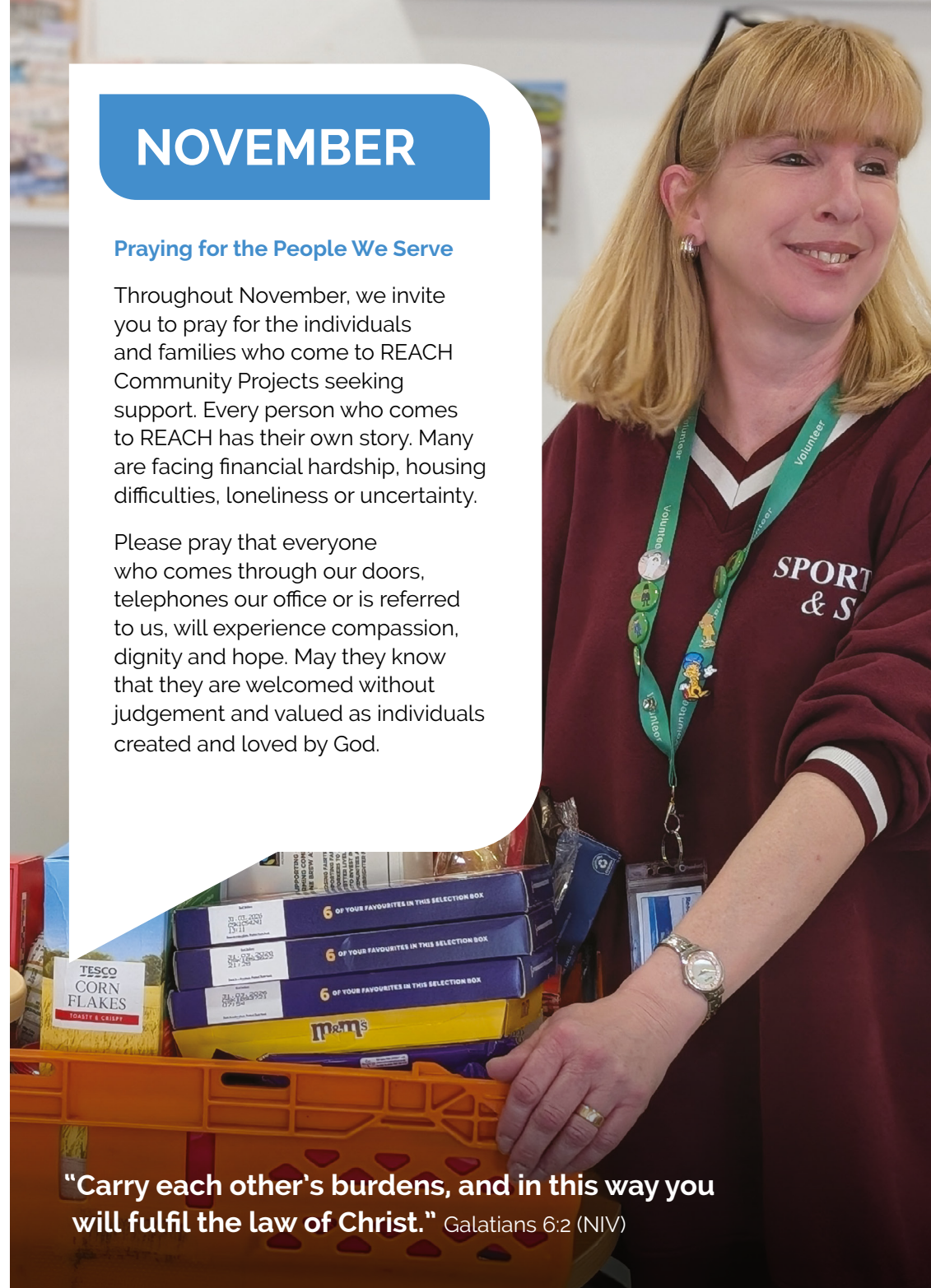
“When Jesus spoke again to the people, he said, 'I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life.'” John 8:12 (NIV)

NOVEMBER

Praying for the People We Serve

Throughout November, we invite you to pray for the individuals and families who come to REACH Community Projects seeking support. Every person who comes to REACH has their own story. Many are facing financial hardship, housing difficulties, loneliness or uncertainty.

Please pray that everyone who comes through our doors, telephones our office or is referred to us, will experience compassion, dignity and hope. May they know that they are welcomed without judgement and valued as individuals created and loved by God.



“Carry each other's burdens, and in this way you will fulfil the law of Christ.” Galatians 6:2 (NIV)

2nd – 8th November
Finding the Courage to Ask for Help

For many people, making that first contact is the hardest step. Fear and uncertainty often prevent people from asking for help until life feels overwhelming.

Please pray that more people within our communities will have the courage to pick up the phone, send an email or ask for help if they are struggling to pay bills or provide for themselves and their families.

If you know someone who may benefit from REACH's services, pray for them and encourage them to make contact. They will find a warm welcome and a listening ear.



Office Hours

Monday to Friday: 9.00am – 4.30pm
(Please contact the office before 1.00pm regarding food enquiries.)

Telephone: 0800 009 6710

Email: info@reachhaverhill.org.uk

“God is our refuge and strength, an ever-present help in trouble.” Psalm 46:1 (NIV)

9th – 15th November
Helping People Find Support

Families can be pushed into crisis by a job loss, reduced income, delayed benefits or an unexpected expense. REACH provides emergency food and practical support, helping people move towards lasting stability.

Please pray that those facing hardship hear about the support available and have the confidence to seek help. Pray too for wisdom and compassion for everyone working together to care for vulnerable individuals and families.



“The Lord is close to the broken-hearted and saves those who are crushed in spirit.” Psalm 34:18 (NIV)

16th – 22nd November
Praying for Every Area of REACH's support

REACH offers practical help and encouragement to people facing difficult financial circumstances. Please pray that everyone seeking support receives the guidance, care and reassurance they need.

Pray that every conversation brings hope, encouragement and practical solutions through:

- *Emergency food*
- *Debt, budgeting and financial guidance*
- *Housing and benefits*
- *Employment and family support*
- *Help reducing household costs*



“Commit to the Lord whatever you do, and He will establish your plans.” Proverbs 16:3 (NIV)

23th – 29th November
Praying for Food Donations

Every food donation is an expression of God's provision through the generosity of our community. Every donation will meet practical needs while also creating opportunities to offer friendship, encouragement and hope, reminding each person they are seen, valued and loved.

Please ask the Lord to continue to inspire generosity among individuals, churches, schools, businesses and community groups, and to bless all who give food and household items.

“And do not forget to do good and to share with others, for with such sacrifices God is pleased.” Hebrews 13:16 (NIV)

Thank You for Praying



Scan to read how
support from
people like you
changes local lives

Continuing the Journey Together

Thank you for partnering with REACH Community Projects in prayer. May God continue to guide this work, strengthen those who serve, and bring hope to every person we have the privilege to support.

"Let your light shine before others, that they may see your good deeds and glorify your Father in heaven." Matthew 5:16 (NIV)

Thank you for praying, caring and being part of the REACH community.

REACH Community Projects is a Haverhill-based charity providing free emergency support to individuals and families facing severe food, fuel, and financial insecurity. For over 20 years, we have been committed to offering personalised, long-term assistance for people living within roughly 10 miles of Haverhill, to fix the root cause of an individual's financial hardship.

Please get in touch for free support with:

- Debt and Budgeting
- Applying for financial help and benefits
- Advice on additional support for pensions
- Homelink/Housing applications
- Council tax reductions
- Emergency food (Collection from Haverhill)

Don't wait, get in touch:

0800 009 6710

info@reachhaverhill.org.uk

www.ReachCP.org.uk

Registered Charity No. 1169108

Reach 
Community Projects